



Placement Title: Sports Science Intern

Reports to: Senior Sport Scientist

Hours: 40 Hours each week, hours will vary depending on fixtures. Evening and weekend hours will be required.

Placement Duration: July 2024 – June 2025

Please note this placement is unpaid.

Placement Purpose:

The sports science internship will provide the applicant with the experience of being part of a multi disciplinary team working towards enabling high performance in professional rugby. Their role will be critical in the facilitation and implementation of the program during the 2024/2025 season at Leicester Tigers. The successful applicant will assist with the facilitation and delivery of the sports science plan while receiving regular formal and informal professional development interactions both internally and externally.

Main Tasks & Responsibilities:

- Work in conjunction with the Sports Science staff to facilitate all aspects of the physical performance program delivery.
- Assist with on field data collection and processing.
- Assist with physical testing and profiling.
- Assist GPS data collection and presentation.
- Assist with the GPS data collection and analysis of late-stage rehabilitation sessions for injured players.
- Assist with the sports science provision to the Leicester Tiger Academy program.
- Contribute positively to the team environment and culture. Support the clubs high standards, ambition, unity and hard work.

The ideal candidate will be:

- A student undertaking an undergraduate degree in Sports Science or Sport and Exercise Science degree.
- UKSCA or equivalent (desirable)
- Power BI skills (desirable)
- Confident and approachable
- Excellent verbal and written skills
- Good communication skills with the ability to engage with a wide range of stakeholders
- IT literate

What you can expect in return:

- Regular 1-1 meetings to discuss your progress, leanings and what you would like to develop
- 2x Match Day tickets to every home game.
- Food at Oval Park Training Ground
- Leicester Tigers Staff Kit





- Exciting opportunity to learn key, practical skills from an elite sports environment.

How to Apply:

Please download an **application form** from our website, and send this and a **WeTransfer video link** describing what unique qualities you bring to the Sports Science Internship to jointheteam@tigers.co.uk by **Thursday 4 April 2024**.

[Please click the link here for guidance on how to use WeTransfer - <https://help.wetransfer.com/hc/en-us/articles/115004254743-How-do-I-send-a-link-transfer>].

