



LEICESTER TIGERS Foundation

Policy Review Record

This policy relates to all premises and sessions under the governance of the Leicester Tigers Foundation.

Policy Name: First Aid Policy

Date policy written/amended	Amended/written by	Authorised by	Next review due
November 2020	Sam Swift	Sam Swift	November 2021
September 2021	Sam Swift	Sam Swift	September 2022
January 2023	Sam Swift	Sam Swift	January 2024

First Aid Policy

The Leicester Tigers Foundation is committed to ensuring a working environment for those educated and employed by any of its providers. The Foundation will ensure that sufficient trained staff are available to effectively manage accidents and injuries at work and to meet the statutory requirements. This policy should be read in conjunction with the Health and Safety Policy.

This Policy will summarise the arrangements and measures for management of First Aid in the school: It is the policy within the school there will always be a staff member on site who is First Aid trained and can therefore deal with emergency first aid situations.

In the event of a student or staff member sustaining slight injury as a result of an accident, then minor First Aid treatment should be administered.

First Aid Kits are available in the provision.

The contents of these kits will be checked on a monthly basis by the Designated First Aider and replenished as needed. Out of date items are replenished where necessary.

During induction all new staff will be shown the location of all first aid kits and be advised of who is the designated First Aider on site and in charge of First Aid responsibilities

Record keeping

All incidents requiring First Aid must be entered into the Accident Book; one will be for staff and one for children/young people. It is the responsibility of the person in charge at the time to ensure the accident book is completed.

All accidents to young people must result in medical treatment/support being offered, whether that be a minor First Aid or contacting the student's parent/carer to inform of the injury. Immediate medical attention will be sought in an emergency and consent for treatment will be gained prior to a student's admission so that the First Aider is aware of any consent issues around medical treatments. When a student has an accident or injury the parent/carer will be informed at the earliest opportunity and at the end of the day be given a copy of the completed accident form.

Where there is a serious injury or injury to the head, the Education Manager or a member of the management team on site will be informed immediately and will contact parents/carers immediately to inform.

Where relevant¹, accidents must also be recorded and reported under RIDDOR regulations. If such an accident occurs, it must be reported to the Head or senior person in charge.

¹ <http://www.hse.gov.uk/riddor/reportable-incidents.htm>

Equipment

Only specified items will be kept in the first aid box, i.e. no creams, antiseptics, lotions or drugs. In addition, each vehicle attached to a provision or used by staff to transport Young people must have a suitable first aid box.

There should be verifiable arrangements for checking the maintenance of each box.

Boxes should contain the following:

- A general guidance leaflet on first aid
- 20 individual sterile adhesive dressings (assorted sizes), detectable dressings (blue) for the kitchen
- sterile eye pads
- 4 sterile triangular bandages
- 6 safety pins
- 6 medium-size sterile un medicated dressings
- 2 large-size sterile un medicated dressings
- disposable gloves and other personal protective equipment

Treatment

- All Leicester Tigers Foundation staff will be suitably first aid trained and competent to administer basic first aid, during their sessions.
- If any injury exceeds the capabilities of our staffs training competency, then staff are to call 999 and request professional medical assistance.
- The Mattioli Woods Welford Road Stadium has defibrillators on site, for any serious cardiac complaints.
- All sessions will be equipped with a first aid bag, to allow staff to administer treatment. If an individual is bringing their own medication on site and wish for it to be stored, then this should be agreed prior to the visit.

Training

- It is the responsibility of the Foundation Manager to ensure that all members of staff receive the relevant training.
- Appointed First Aid persons are those who have undergone a 1 day emergency first aid course. Staff will need re-training at 3 year intervals and records of training should be maintained on personnel files.
- All staff should be aware of their responsibilities and limitations, and when and how to summon assistance.
- All staff should know the whereabouts of the first aid box.

Infectious diseases and Covid-19 update

- All staff and participants to follow up to date government guidance around testing protocol and isolation periods, when relating to COVID-19. See COVID RA for more information
- All infectious diseases/illnesses to be treated using suggested guidance from public health, ensuring that adequate isolation periods are taken, for individuals, to safeguard the remainder of the group.